

Plait & Twist hair

Work area

Prepare workspace for H&S and environmental factors

Tests – elasticity

Porosity

Consultation

Influencing factors

Client

Protection comfort

Stylist / self

Protection / posture

Influencing factors;

Hair classifications (amount of movement in the hair type1 -4)

Hair characteristics

- Density – how many hairs on the head, dense sparse
- Texture – thickness / diameter of each hair, fine, medium, coarse
- Elasticity - amount the hair stretches and returns
- Porosity – how quickly the hair will absorb moisture / liquid
- Condition - hair state, normal, dry, oily

Scalp condition Hair cut Hair length Hair extensions Desired look The occasion for which the style is required Client lifestyle Average rate of hair growth 1.25cm per month (1/5 an inch)

Client features / Facial features Head, face and body shape Hair growth patterns - way the hair grows naturally Signs of Alopecia

Products – Creams Gels Sprays Serums Wax

Tools and equipment

Combs, Clips, Grips, bands ornamentation and added hair

Techniques for plaiting and twisting

- o Multiple cornrows o French plait
- o Fishtail plait o Two strand twists
- o Flat twists

Aftercare advice and recommendations:

- How to maintain look - styling
- Time interval between services - short cuts need greater maintenance
- Present and future services - to enhance look
- Retail opportunities – styling, finishing & basin products