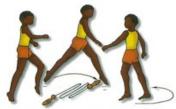


## proficiencyawards



Leap from 1 foot to the other



Japana to 45°



Move sideways from dish to arch





Hop, step and jump



T-balance



Bunny jumps over a bench side-to-side

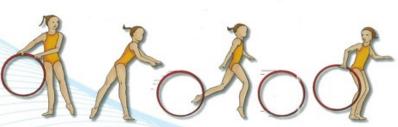


Tucked forward roll down an incline



Front support with partner





Roll a ball or hoop, travel at its side and pick it up



Run, hurdle step and 2 footed rebound jump