

OVER NET

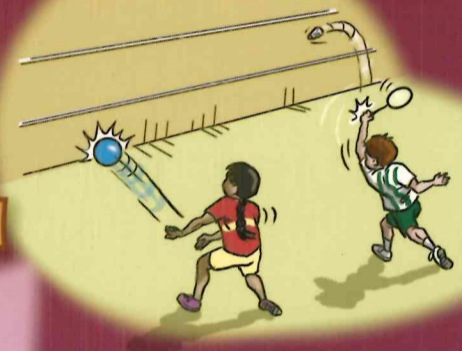


HAND, BAT, STICK



TO A TARGET

### STRIKE AN OBJECT



KICKING



CONTROLLING

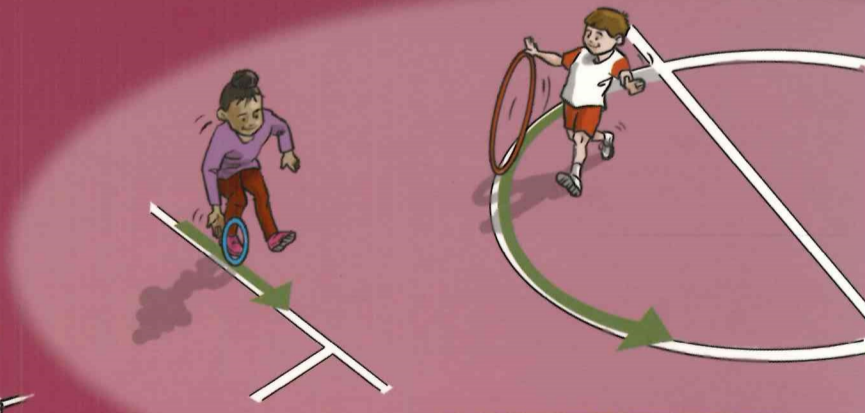


CONTROLLING



DIFFERENT OBJECTS

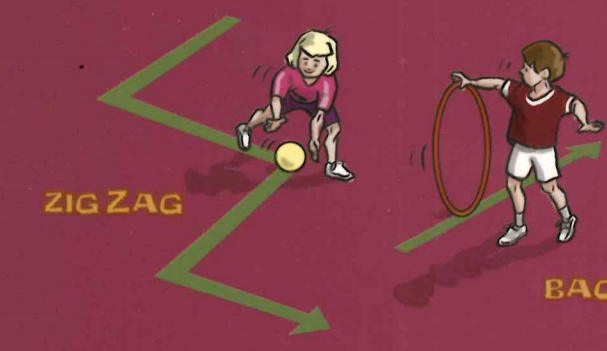
### ROLLING



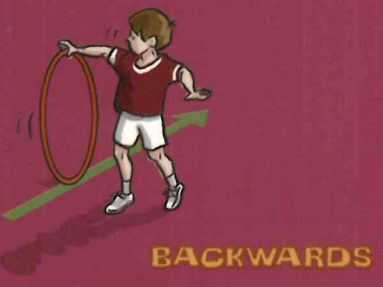
CHANGE DIRECTION



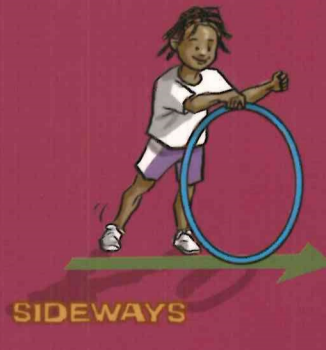
SAME SPEED



ZIG ZAG



BACKWARDS



SIDWAYS



DOWN A RAMP