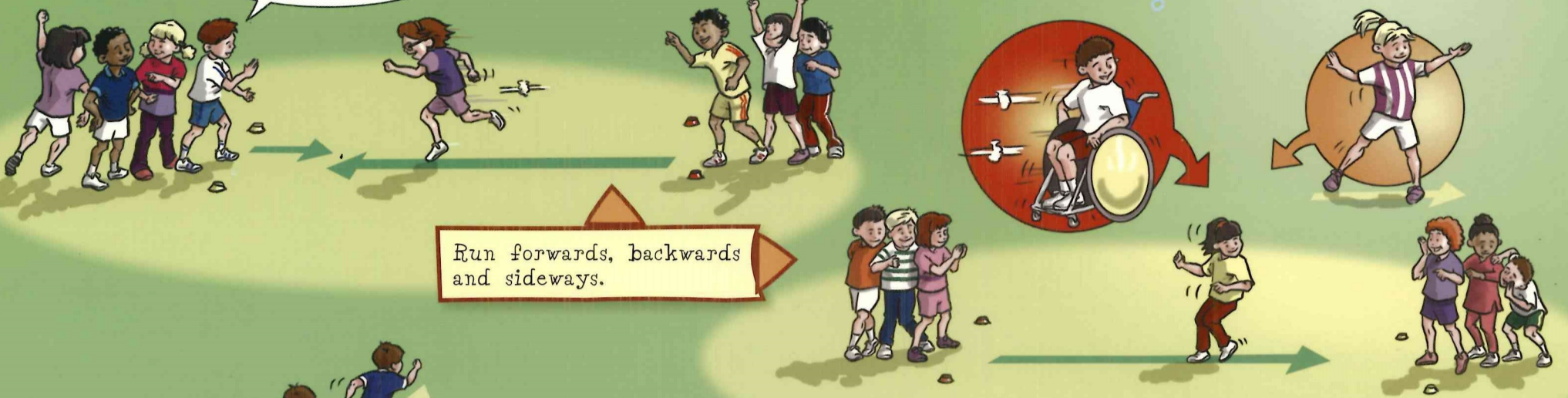


STRAIGHT SHUTTLE

NEARLY THERE...
SLOW DOWN!

Run forwards, backwards
and sideways.



TRY DIFFERENT MOVES TO MUSIC

ONE...TWO...THREE...

...FOUR!

Run curves and straight
lines with a beanbag on
head or hands.

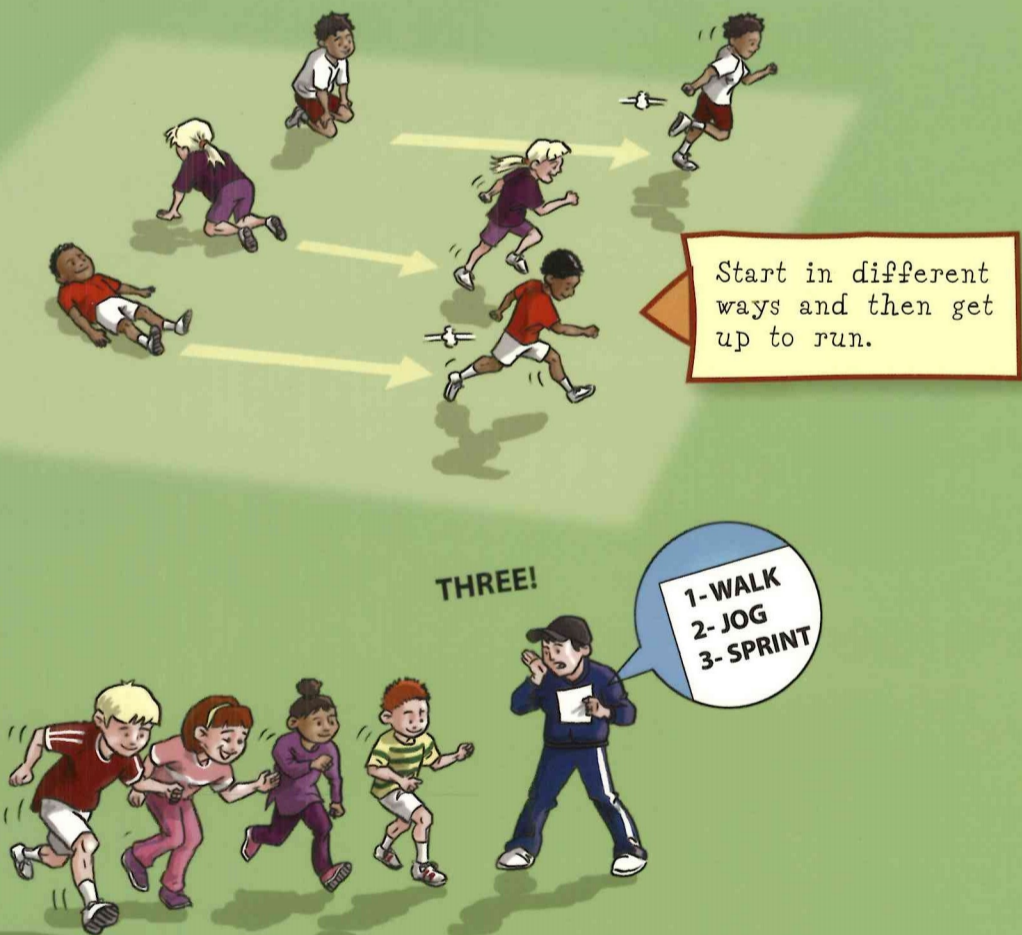


TRY DIFFERENT TYPES OF MOVING

Start in different
ways and then get
up to run.

THREE!

1-WALK
2-JOG
3-SPRINT



POTATO RACE

Call a number then run
at the correct speed.

Run using one arm
or no arms.

