



### Stimuli

Pictures: industrial/ manufacturing, manual gadgets, toys - robots, agricultural, electrical tools, gardening machines, transport machines, household appliances.

### Word bank



### Select a focus

Mean Machine poem

### Choose movement words

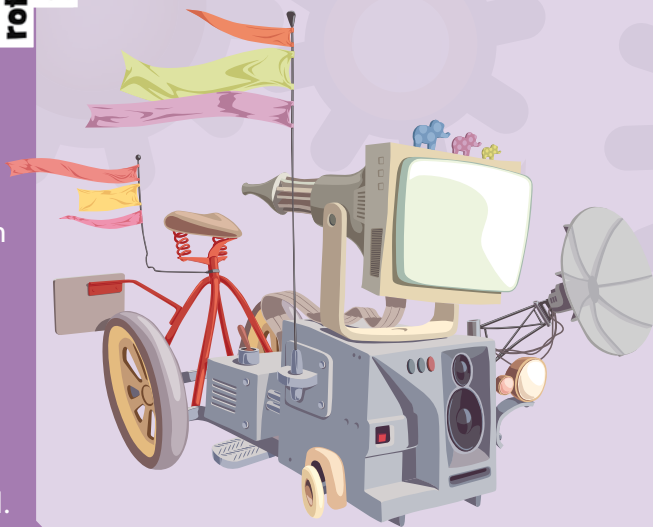
Pull, push, lift, turn, screw, kick, shake, whizz, spin, fizz, twirl.

### Develop movement vocabulary and motifs

- ▶ Use movement words to initiate improvised response moving as the operator, e.g. pulling and pushing levers, lifting and lowering, turning handles, pressing switches.
- ▶ Develop actions exploring each idea, changing speed and levels.
- ▶ In pairs combine push and pull, lift and lower, machine-like actions using simple contact and showing action and reaction.
- ▶ Experiment with turning and rotating movements working as parts of the machine turning and rotating. Try changes in speed size and direction developing a cog motif.
- ▶ Explore and select travelling actions which can be performed for movement words spin, fizz, whizz and twirl.

### Create a movement phrase

- ▶ In pairs combining travelling, push and pull motif, and turning, rotating motifs.



### Developing the movement phase into a dance using STEP

- S** If it's a moving machine experiment with levels and pathways; if it's a static machine explore level and shape.
- T** Add a moment/s of stillness.
- E** Use percussion instruments to support developing the quality of movement, e.g. cluster bells, shakers, drums, tambours.
- P** Work in smalls groups to build a machine; explore use of canon as a rippling action through the machine.

## Skills

## Example

### Thinking Me

Explore	Decision making	How did you decide which movements to use?
Compose	Problem solving	How did you make sure the movements linked together?
Perform	Peer evaluation	Which parts of the dance can your partner change to improve their performance and how?

### Social Me

Explore	Communicate	How do you know your groups movements are being performed accurately?
Compose	Respond appropriately	If you disagree with suggestions, how will you respond and why?
Perform	Listening	Why is it important to listen to another person's view and ideas?




### Healthy Me

Explore	Enthusiasm	Describe which movements you like performing.
Compose	Confidence	How have you made turning and rotating movements look like wheels and cogs of a machine?
Perform	Understand the importance of a warm up	Which warm-up activities have helped your performance and why?

### Physical Me

Explore	Agility	Show the different types of travelling actions have you tried to show words as movements?
Compose	Developing strength	Which parts of the body will need to be strong to be able to hold a still and balanced position in the dance?
Perform	Perform with a partner	What helps you perform a canon action?

### Resources

-  <http://www.findsounds.com/ISAPI/search.dll> - sound effects  
 "Afrika Shox" - Leftfield  
 "Dael" - Autechre  
 Basement Jaxx - Audi A7 advert 2011  
 "Steam Machine" - Daft Punk
-  Clips from Dr Who, Charlie and the Chocolate Factory
-  <http://www.google.co.uk/search?picuresofmachineparts> – machine parts  
 See MATALAN TOP Dance resource sheet on USB

### Learning connections

#### History

Development of machines past and present.

#### Design & Technology/Art

Designing and making a machine.

#### Literacy

Invent and describe a useful machine.

- What would it look like?
- What can it do?
- How does it work?

YST\_MAT\_TOPD\_01  
 © Youth Sport Trust 2011