

SCHEME OF WORK: COORDINATION: EYFS

ACTIVITY	OUTLINE OF LESSON
1	To explore using hands and sports equipment.
2	To explore using hands and sports equipment with a partner.
3	To develop hand/eye coordination using equipment.
4	To explore the use of coordination using feet.
5	To explore coordination with feet using equipment.
6	To develop foot/eye coordination using equipment.
7	To explore use of coordination using unilateral movement. <i>(Unilateral movement is a movement that is produced by one limb).</i>
8	To explore use of coordination using bilateral movement. <i>(Bilateral movement is a movement that is produced by both limbs working together).</i>
9	To develop coordination using unilateral and bilateral movements.
10	To explore controlled coordination when reacting to basic stimuli.
11	To develop coordination when reacting to complex stimuli.
12	Progress chart.

PROGRESS CHART: COORDINATION: EYFS

PUPIL'S NAME:

CLASS:

SKILL	SKILL ACHIEVED
Does the pupil show a preference for a dominant hand?	
Does the pupil show good hand coordination when working with a partner?	
Does the pupil show confidence with hand/eye coordination tasks?	
Can the pupil show good coordination when placing one foot in front of another?	
Can the pupil move equipment using their feet only?	
Can the pupil control equipment in various directions using only their feet?	
Can the pupil mirror a partner using unilateral movements?	
Can the pupil complete bilateral movements?	
Can the pupil complete unilateral and bilateral movements within a game situation?	
Can the pupil coordinate their body movements quickly when reacting to music?	
Can the pupil coordinate their body movements quickly within a game situation?	